UNITED STATES SECURITIES AND EXCHANGE COMMISSION

WASHINGTON, D.C. 20549

SCHEDULE 13G

(Rule 13d-102) **INFORMATION TO BE INCLUDED IN STATEMENTS FILED PURSUANT** TO RULES 13d-1(b), (c) AND (d) AND AMENDMENTS THERETO FILED PURSUANT TO 13d-2(b) **UNDER THE SECURITIES EXCHANGE ACT OF 1934** (AMENDMENT NO. 1)

Ponce Financial Group, Inc.

(Name of Issuer)

Common Stock, \$0.01 par value (Title of Class of Securities)

> 732344 106 (CUSIP Number)

December 31, 2022 (Date of Event Which Requires Filing of this Statement)

Check the appropriate box to designate the rule pursuant to which this Schedule is filed:

 \boxtimes Rule 13d-1(b)

 \Box Rule 13d-1(c)

 \Box Rule 13d-1(d)

The remainder of this cover page shall be filled out for a reporting person's initial filing on this form with respect to the subject class of securities, and for any subsequent amendment containing information which would alter the disclosures provided in a prior cover page.

The information required on the remainder of this cover page shall not be deemed to be "filed" for the purpose of Section 18 of the Securities Exchange Act of 1934 (the "Act") or otherwise subject to the liabilities of that section of the Act but shall be subject to all other provisions of the Act (however, see the Notes).

CUSIP No. 732344	106	13G	Page 2 of 6 Pages	
1 NAMES OF	1 NAMES OF REPORTING PERSONS			
Ponce Bank	Ponce Bank Employees Stock Ownership Plan with 401(k) Provisions			
Pentegra Tr	Pentegra Trust Company, Trustee			
2 CHECK TH	2 CHECK THE APPROPRIATE BOX IF A MEMBER OF A GROUP*			
(a) 🗆 ((a) \Box (b) \Box			
	3 SEC USE ONLY			
4 CITIZENSHIP OR PLACE OF ORGANIZATION				
4 CHIZENSHIF OK FLACE OF OKDANIZATION				
State of Maine				
	5	SOLE VOTING POWER		
NUMBER OF		1,569,4751		
SHARES	6	SHARED VOTING POWER		
BENEFICIALLY OWNED BY		487,971		
EACH	7	SOLE DISPOSITIVE POWER		
REPORTING PERSON		2,057,446		
WITH	8	SHARED DISPOSITIVE POWER		
9 AGGREGA	ΓΕ Α	0 MOUNT BENEFICIALLY OWNED BY EACH REPORTING PERSON		
	2,057,446 10 CHECK BOX IF THE AGGREGATE AMOUNT IN ROW (9) EXCLUDES CERTAIN SHARES*			
10 CHECK BC	10 CHECK BOA IF THE AUGREDATE AMOUNT IN ROW (9) EXCLUDES CERTAIN SHARES			
11 PERCENT OF CLASS REPRESENTED BY AMOUNT IN ROW (9)				
8.3%2				
12 TYPE OF R	12 TYPE OF REPORTING PERSON*			
EP				
Shares of common stock are held in trust for the benefit of participating employees by the Trustee Pursuant to the terms of the ESOP the Trustee				

¹ Shares of common stock are held in trust for the benefit of participating employees by the Trustee. Pursuant to the terms of the ESOP, the Trustee has the ability to vote shares allocated to participant accounts as directed by participants as well as unallocated shares for which no voting instructions are received in the same proportion as shares for which the Trustee has received voting instructions from participants.

² Based on 24,728,460 shares outstanding as of November 10, 2022.

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Item 1(a). Name of Issuer:

Ponce Financial Group, Inc.

Item 1(b). Address of Issuer's Principal Executive Offices:

2244 Westchester Avenue Bronx, NY 10462

Item 2(a). Name of Person Filing:

Ponce Bank Employees Stock Ownership Plan with 401(k) Provisions

Pentegra Trust Company, Trustee

Item 2(b). Address of Principal Business Offices or, if None, Residence:

c/o Pentegra Services, Inc. 2 Enterprise Drive Suite 408 Shelton, CT 06484

Item 2(c). Citizenship:

Maine

Item 2(d). Title of Class of Securities:

Common Stock, \$0.01 par value per share.

Item 2(e). CUSIP Number:

732344 106

Item 3. If This Statement is Filed Pursuant to Rule 13d-1(b), or 13d-2(b) or (c), Check Whether the Person Filing is a:

(a) \Box Broker or dealer registered under Section 15 of the Exchange Act.

(b) \Box Bank as defined in Section 3(a)(6) of the Exchange Act.

- (c) \Box Insurance company as defined in Section 3(a)(19) of the Exchange Act.
- (d) \Box Investment Company registered under Section 8 of the Investment Company Act of 1940.
- (e) \Box An investment adviser in accordance with Rule 13d-1(b)(1)(ii)(E);

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- (f) \square An employee benefit plan or endowment fund in accordance with Rule 13d-1(b)(1)(ii)(F);
- (g) \Box A parent holding company or control person in accordance with Rule 13d-1(b)(1)(ii)(G);
- (h) \Box A savings association as defined in Section 3(b) of the Federal Deposit Insurance Act;
- (i) 🛛 A church plan that is excluded from the definition of an investment company under Section 3(c)(14) of the Investment Company Act;
- (j) \Box A non-U.S. institution in accordance with Rule 13d-1(b)(1)(ii)(J)
- (j) \Box Group, in accordance with Rule 13d-1(b)(1)(ii)(K).

If filing as a non-U.S. institution in accordance with Rule 13d-1(b)(1)(ii)(J), please specify the type of institution: Not applicable.

Item 4. Ownership (as of December 31, 2022):

Provide the following information regarding the aggregate number and percentage of the class of securities of the issuer identified in Item 1.

(a) Amount beneficially owned:

See Box 9 on cover page.

(b) Percent of class:

See Box 11 on cover page.

- (c) Number of shares as to which such person has:
 - (i) Sole power to vote or direct the vote: See Box 5 on cover page.
 - (ii) Shared power to vote or direct the vote: See Box 6 on cover page.
 - (iii) Sole power to dispose or to direct the disposition of: See Box 7 on cover page.
 - (iv) Shared power to dispose or to direct the disposition of: See Box 8 on cover page.

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Item 5. Ownership of Five Percent or Less of a Class.

If this statement is being filed to report the fact that as of the date hereof the reporting person had ceased to be the beneficial owner of more than five percent of the class of securities, check the following. \Box

Item 6. Ownership of More than Five Percent on Behalf of Another Person.

Not applicable.

Item 7. Identification and Classification of the Subsidiary Which Acquired the Security Being Reported on by the Parent Holding Company.

Not applicable.

Item 8. Identification and Classification of Members of the Group.

Not applicable.

Item 9. Notice of Dissolution of Group.

Not applicable.

Item 10. Certifications.

By signing below I certify that, to the best of my knowledge and belief, the securities referred to above were not acquired and are not held for the purpose of or with the effect of changing or influencing the control of the issuer of the securities and were not acquired and are not held in connection with or as a participant in any transaction having that purpose or effect, other than activities solely in connection with a nomination under § 240.14a-11.

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SIGNATURE

After reasonable inquiry and to the best of my knowledge and belief, I certify that the information set forth in this statement is true, complete and correct.

Dated: February 14, 2023

Ponce Bank Employees Stock Ownership Plan with 401(k) Provisions

By: Pentegra Trust Company, Trustee

By:/s/ Eric WietsmaName:Eric WietsmaTitle:Senior Vice President

The original statement shall be signed by each person on whose behalf the statement is filed or his authorized representative. If the statement is signed on behalf of a person by his authorized representative (other than an executive officer or general partner of the filing person), evidence of the representative's authority to sign on behalf of such person shall be filed with the statement, *provided*, *however*, that a power of attorney for this purpose which is already on file with the Commission may be incorporated by reference. The name and any title of each person who signs the statement shall be typed or printed beneath his signature.

Note. Schedules filed in paper format shall include a signed original and five copies of the schedule, including all exhibits.

Attention: Intentional misstatements or omissions of fact constitute Federal criminal violations (See 18 U.S.C. 1001).