FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL									
OMB Number:	3235-0287								
Estimated average burden									
hours nor roomanas:	0.5								

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

							` `															
1. Name and Address of Reporting Person* Demetriou James C.						2. Issuer Name and Ticker or Trading Symbol Ponce Financial Group, Inc. [PDLB]									5. Relationship of Reporting Person(s) to Issuer (Check all applicable)							
Demen		X Director			10% Owner																	
(Last)	Last) (First) (Middle)						of Earlies	st Tra	nsaction (M	onth/E	oay/Year)		Officer (give title below)				Other (s below)	pecify				
2244 WESTCHESTER AVENUE					4.	4. If Amendment, Date of Original Filed (Month/Day/Year)									6. Individual or Joint/Group Filing (Check Applicable Line)							
(Street)	(Street)																X Form filed by One Reporting Person					
BRONX	N	Y	10462										Form filed by More than One Reporting Person									
(City)	(City) (State) (Zip)				R	Rule 10b5-1(c) Transaction Indication																
								Check this box to indicate that a transaction was made pursuant to a contract, instruction or written plan that is intended to satisfy the affirmative defense conditions of Rule 10b5-1(c). See Instruction 10.														
		Tal	ble I - No	n-Deri	vativ	e Se	curitie	es A	cquired	Dis	posed	of, or B	enefici	ially	Owned							
Date					- 1		2A. Deemed Execution Date, if any (Month/Day/Yea		Code (Instr.		4. Securities Acquired (A) Disposed Of (D) (Instr. 3, 4			and 5) Securiti Benefic Owned		s ally ollowing	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership			
									Code	v	Amount	(A) (D)		e	Reported Transact (Instr. 3 a	tion(s)			(Instr. 4)			
Common	7/202	/2023			A		28,530 ⁽¹⁾ A		A \$1	0.33	3 131,509(2)		D									
			Table II -												Owned							
				(e.g.,	puts	, call	ls, war	ran	ts, optio	ns, c	onvert	ible se	curities	s)								
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution I if any (Month/Day	Date,	4. Transaction Code (Instr. 8)				6. Date Exercisal Expiration Date (Month/Day/Year			7. Title and Ar of Securities Underlying De Security (Insti		ive	8. Price of Derivative Security (Instr. 5)	9. Numbe derivative Securities Beneficial Owned Following Reported Transactio (Instr. 4)	e S Illy	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4	11. Nature of Indirect Beneficial Ownership (Instr. 4)			
					Code	v	(A)	(D)	Date Exercisabl		piration te	Title	Amount Number Shares									
Premium Stock Option	\$10.33	12/07/2023			A		3,000		12/07/2024	1 12	/06/2033	Common Stock	3,00	0	\$10.33	3,000)	D				
Premium Stock Options	\$10.52	12/07/2023			A		3,000		12/07/202:	5 12	/06/2033	Common Stock	3,00	0	\$10.52	6,000)	D				
Premium Stock Options	\$10.7	12/07/2023			A		3,000		12/07/2020	5 12	/06/2033	Common Stock	3,00	0	\$10.7	9,000)	D				
Premium Stock Options	\$10.89	12/07/2023			A		3,000		12/07/202	7 12	/06/2033	Common Stock	3,00	0	\$10.89	12,000	0	D				
Premium Stock	\$11.08	12/07/2023			A		3,000		12/07/202	12	/06/2033	Common Stock	3,00	$\begin{bmatrix} 0 \end{bmatrix}$	\$11.08	15,000	0	D				

12/04/2019

Explanation of Responses:

\$9.15

Stock

Options

- 1. Shares of restricted stock units vest annually at a rate of 20% per year commencing on December 7, 2024.
- 2. Includes 3,101shares of restricted stock units, of which 1,550 shares vest on April 1, 2024 and 1,551 shares vest on April 1, 2025
- 3. Stock Options vest annual at a rate of 20% per year commincing on December 4, 2019

/s/Frank Perez, as attorney in fact

12,442(3)

12/11/2023

12,442(3)

D

12/03/2028

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

^{*} If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

^{**} Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).